Daily Action Sheet

Tackling the Plastics Cupboard

Step one: Take everything out of this cupboard.

1. What containers can you get rid of? Are there any cracked, stained or otherwise unsightly containers you can throw away right now?

2. Are there lids you can’t find the bottoms for or bottoms with no lids? Get rid of those too.

3. Are there containers that live at the back of the cupboard and never get used? Donate those to the charity shop.

   Wipe down the shelves.

Step Two: Put everything back in.

1. Larger containers go on the bottom with smaller containers sitting on top of them.

2. Don’t all fit? Get rid of some of those containers.

New Daily Habit

Put the lids on the containers before putting them back into the cupboard.

Meals

Lunch: ______________________
Dinner: _____________________

Shopping List

____________________________
____________________________
____________________________
____________________________

Clean

Kitchen Floor

5 minute task

Wipe over the inside of the microwave