

# Daily Action Sheet

## Tackling the Plastics Cupboard

**Step one: Take everything out of this cupboard.**

1. What containers can you get rid of? Are there any cracked, stained or otherwise unsightly containers you can throw away right now?
2. Are there lids you can't find the bottoms for or bottoms with no lids? Get rid of those too.
3. Are there containers that live at the back of the cupboard and never get used? Donate those to the charity shop.

*Wipe down the shelves.*

**Step Two: Put everything back in.**

1. Larger containers go on the bottom with smaller containers sitting on top of them.
2. Don't all fit? Get rid of some of those containers.

## Meals

Lunch: \_\_\_\_\_

Dinner: \_\_\_\_\_

## Shopping List

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## Clean

Kitchen Floor

## New Daily Habit

Put the lids on the containers before putting them back into the cupboard.



## 5 minute task

Wipe over the inside of the microwave